

## LOVE LANGUAGES

### YEAR 1, 2nd Sunday of Ordinary Time

Print “The 5 Love Languages Test” and the “Results and Devotions” pages, one for each participant.

Explain to the group that God is love. He is the source of love, the spirit of love, no person can love as much as God loves us. Sometimes people say that it’s impossible for that God to exist in this type of world we live in; however, the reality is that just because we are often oblivious to love in our lives doesn’t mean that God is nonexistent. Rather, it means that God is nonintrusive, noninvasive. He is always with us, wanting to help us as a Father. (Just reach out and see.) God is always there, always in love, but He is not a tyrant of love. He gives us freewill to choose. Meaning that we are responsible for opening our eyes, ears, heart and mind to Him: everyone is. We have to willingly invite Him into our lives. Explain that, for this exercise, we’re going to analyze and become better aware of the ways we naturally reach out to God in spirit and in person.

Briefly introduce the The 5 Love Languages and hand out “The 5 Love Languages Test” and a writing instrument to everyone. Ask everyone to add up their individual scores after they have completed the test, and then pick up the “Results and Devotions” page and look over their results and all the love languages.

Once everyone has finished the test, gather everyone together and ask, “How is God using your familiar love languages (your top two) to share the Gospel message with you and those you encounter?” Then ask, “How is God asking you to move outside of your comfort zones and participate in the totality of love?”